

This health history is correct so far as I know, prior to COS granting me permission to engage in all prescribed activities. I understand that, in the event that I become aware of a new medical condition or issue, I am no longer permitted to participate in COS activities until I notify COS and my sponsors and to resubmit any forms or requests for permission in COS activities.

I understand that all activities are voluntary and that I do not have to participate unless I choose to do so. I understand that these activities are potentially dangerous or harmful to my person or property, and that by participating, I voluntarily accept and assume the risk of injury to myself or damage to my property.

I understand that I may only attend sponsorship-required COS events when I have three (3) sponsors that will be present for that particular event. I understand that, should my sponsors leave the event early, I must also cease participation and depart the event as well.

This release shall be binding upon myself, successors in interest, and/or any person(s) suing on my behalf.

I have read the statements in this document. I agree with the terms and have voluntarily signed it. I understand that this document is complete unto itself and that any oral promises or representations made to me concerning this document and/or its terms are not binding upon COS, its officers, agents and/or employees.

I UNDERSTAND THAT THIS IS A LEGAL DOCUMENT. I HAVE READ AND UNDERSTOOD THIS RELEASE AND I UNDERSTAND ALL ITS TERMS. I EXECUTE IT VOLUNTARILY AND WITH FULL KNOWLEDGE OF ITS MEANING AND SIGNIFICANCE.

Signature of Player: _____ Date: _____

SPONSORS ONLY (Must be 18 or older)

I have read the above information including medical and emergency contact information and hereby sponsor this youth for participation in COS events for the rest of this year. I understand that I am accepting supervisory responsibility of this youth as an adult advisor in the COS organization, and I promise to conduct myself in a manner becoming such responsibility. Furthermore, I understand that, should I leave the COS event early, I must notify COS and my youth immediately, as the participation of my sponsored youth may end and may have to leave the event immediately if there is less than 3 active sponsors.

Signature of Sponsor #1 : _____ Event Date: _____

Signature of Sponsor #2 : _____ Event Date: _____

Signature of Sponsor #3 : _____ Event Date: _____

Signature of Sponsor #4 : _____ Event Date: _____

Signature of Sponsor #5 : _____ Event Date: _____